



For a healthy working life

Your regional advice team
can be found at:
www.fit2work.at



Serviceline 0800 500 118
(Free of charge in Austria)


info@fit2work.at
Consultations by appointment
(Evening and online appointments also possible)

What is fit2work?

fit2work provides advice free of charge

- **to people** whose job is at risk due to health problems or who have difficulty finding work as a result of those problems.
- **to companies** that want to promote the employability and health of their employees or are looking to establish a form of Operational Integration Management system.

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fit2work is:

- voluntary
- confidential
- open to everyone of working age

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Talk to us.



fit2work

**working.
better. together.**

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Advice on improving personal earning capacity

Personal counselling

We give you personal advice. If necessary, our advisers will support you through your individual case. Firstly, you work with us to clarify what you need in your current circumstances. Then the fit2work advisers will work with you to create a development plan. fit2work will support you and guide you through the implementation of your plan.

fit2work offers you prospects

As a result of our advice, your current workplace could be adapted so that you can continue working there without any health restrictions. Alternatively, you could find a new job after training – either in your current company or another one.

Returning to work made easy

fit2work also supports you with specific problems such as your return to work after a long period of sick leave.

Job retention

Physical complaints and mental illnesses are often reactions to living and working conditions. Do something promptly about these burdens! fit2work advises you how to keep your job and, if required, can also support you in reaching a part-time work agreement with your company to help you reintegrate.

fit2work offers you:

- Advice about and an overview of grants, projects and services
- Occupational health and/or occupational psychological evaluations
- Support in the development of career prospects
- Help in contacting the competent institutions and with making applications

Advice for companies

Company counselling

Do you have employees with physical or mental health problems?

A company is only as healthy as its staff. If your employees require sick leave frequently or for longer periods, costs in the company increase and the jobs of the people affected are put at risk.

The cause of increased sick leave may be physical or mental problems. But what do we do if there are health problems among your employees, whether they are due to illness, accident or disability?

Do you want to benefit from healthy employees?

fit2work is a free advice service that helps you prevent long periods of sick leave, early retirement and dismissal. Your experienced staff and their know-how will remain with you and your employees will feel comfortable and motivated.

How does fit2work support your company?

We advise you on the design of your workplaces and processes and on the establishment of an Operational Integration Management system. We assist you with specific integration and reintegration measures as well as with reintegration through part-time work. We inform you about the financial support and services available from Austria's social security service, job centre, Sozialministeriumservice (Ministry for Social Affairs service) and other institutions.

Motivated employees are less frequently ill and are more productive. We know from experience that companies which invest in health can save money in the long term.

CASE STUDY

Bettina Moosgruber, Human Resources Developer

“ I am a Human Resources Developer in a medium-sized hospital. Thanks to the advice from fit2work, the company was able to keep a qualified nurse who has worked in the hospital for over 20 years and who suffers from a complex form of cancer. In addition, she has received grants and supportive advice via fit2work.”



fit2work – for a healthy working life. Talk to us.