

How does fit2work support your company?

We advise you on specific integration and reintegration measures as well as on reintegration through part-time work. We inform you about the financial support and services available from Austria's social security service, job centre, Sozialministeriumservice (Ministry for Social Affairs service) and other institutions.

Motivated employees are less frequently ill and are more productive. We know from experience that companies which invest in health can save money in the long term.

CASE STUDY:

Bettina Moosgruber, Human Resources Developer

„I am a human resources developer in a medium-sized hospital. Thanks to the advice from fit2work, the company was able to keep a qualified nurse who has worked in the hospital for over 20 years and who suffers from a complex form of cancer. In addition, she has received grants and supportive advice via fit2work.“



Fit2work - advice, competence, new opportunities



Your regional advice team can be found at: www.fit2work.at


Serviceline 0800 500 118

(Free of charge in Austria)

info@fit2work.at

Consultations by appointment
(evening appointments also possible)

fit2work is funded by:

 Bundesministerium
Arbeit und Wirtschaft

 Sozialministeriumservice



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ADVICE FOR INDIVIDUALS AND COMPANIES



fit2work
For a healthy working life
Talk to us.

What is fit2work?

Offers prospects

fit2work provides advice free of charge

- to people whose jobs are at risk due to health problems or who have difficulty finding work as a result of them.
- to companies that want to promote the employability and health of their employees.

Advice on improving personal earning capacity

We give you personal advice. If necessary, our advisers will support you through your individual case. Firstly, you work with us to clarify what you need in your current circumstances. Then the fit2work advisers will work with you to create a development plan. fit2work will support you and guide you through the implementation of your plan.

fit2work offers you prospects

As a result of our advice, your current workplace could be adapted so that you can continue working there without any health restrictions. Alternatively, you could find a new job after training – either in your current company or another one.



Returning to work made easy

fit2work also supports you with specific problems such as your return to work after a long period of sick leave.

Physically and mentally fit

Health problems can affect body and soul. Burnout and other mental illnesses are often reactions to living and working conditions. fit2work helps you to do something about mental and physical stress in a timely manner.

fit2work is:

- voluntary
- absolutely confidential and anonymous
- open to everybody

For body and soul

fit2work offers you:

- Advice about and an overview of grants, projects and services
- Occupational health and/or occupational psychological evaluations
- Support in the development of career prospects
- Advice about training and qualifications
- Help in contacting the competent institutions and with making applications

www.fit2work.at

Advice for companies

Strengthens motivation

Do you have employees with physical or mental health problems?

A company is only as healthy as its staff. But what do we do if there are health problems among our employees, whether they are due to illness, accident, disability or burnout?

If your employees require sick leave frequently or for longer periods, costs in the company increase and the jobs of the people affected are at risk. The cause of increased sick leave may be physical or mental problems. Working conditions often contribute to this.

Do you want to benefit from healthy employees?

fit2work is a free advice service that helps you prevent long periods of sick leave, early retirement and dismissal. Your experienced staff and their know-how will remain with you and your employees will feel comfortable and motivated.

